



Mill Valley Soccer Club

Attention, Mill Valley Soccer Club Competitive Players!!!

MVSC is pleased to invite you to participate in our fifth annual **Fall Striker/Goalkeeper Program**. MVSC's Striker/Goalkeeper Program is designed to offer professional training for goalkeepers, in conjunction with shooting/finishing training for field players. This program is designed to supplement rather than replace regular team training. The training is open only to **competitive** soccer players who are interested in dedicating extra time in to developing their soccer abilities.

For Goalkeepers: Playing effectively in goal requires a specialized skill set that isn't always taught in team practices. Our goalkeeper training staff will provide ability-appropriate training along with multiple repetitions to help our competitive goalkeepers master the fundamentals of the goalkeeper position. Training sessions will focus on the technical and tactical aspects of goalkeeping, including shot-stopping, handling breakaways, footwork, positioning, handling crosses, and decision-making in game situations.

For Strikers (Field Players): Each session will provide our field players with multiple repetitions of one of the most enjoyable aspects of playing soccer: **creating and finishing goal-scoring chances**. Players will receive technical, tactical, and functional training, including volleys, close- and long-range shots, finishing crosses, and executing on breakaways. Our program will emphasize technical proficiency with both feet (i.e., striking the ball with proper technique, with power and accuracy). Sessions will also focus heavily on the mental component of effective attacking play (i.e., helping players acquire a sense of urgency, risk-taking, and composure when playing near the goal). *Please note, this program is intended for ALL field players (not just forwards). ALL players benefit from improving their ability to strike the ball; and developing an attacking mentality is beneficial to all players, regardless of the positions they may play most often in games.*

Schedule:

Striker/Goalkeeper sessions will take place at Hauke South on Fridays.

Training for U9 and U10 players will be from 3:30-5:00pm.

Training for U11-U14 players will be from 5:00-6:30pm.

Training Dates are September 11, 18, 25, October 2, 9, 16 and 23*

**If any scheduled session is canceled due to rain, we will add a make-up session on Oct. 30.*

Cost:

Registration Fee: \$125
\$15 Administrative Fee on all refunds.

Who can participate?

This program is open to all U9 through U14 Competitive players.

In the event of heavy rainfall, please call MVSC's hotline (381-kick) after 2:30pm on the day of training to find out if the field is open.

Registration

To register, please complete and mail in the form below, along with payment (checks should be made payable to MVSC). Please mail to: MVSC Striker/Goalkeeper Program, P. O. Box 138, Mill Valley, CA 94942.

MVSC is continuously striving to nurture out young players' soccer development and love for the game. Our Striker/Goalkeeper Program promises to be a great opportunity to further these ends. We hope your son or daughter can join us!

If you have questions or concerns, please contact Rick Fullerton at fullertonsoccer@yahoo.com.

Yours in Soccer,

Rick Fullerton
MVSC Director of Player and Coach Development

2009 MVSC Striker/Goalkeeper Registration Form

Name of Player: _____ Age Group: _____

Competitive Team: _____ Boys or Girls? _____

Address: _____

Parent's Name(s): _____

Home Phone: _____

Email Address: _____

Work and/or Cell Phone: _____

I, the parent/legal guardian of the registrant, a minor, have read and agree to abide by the terms and conditions of MVSC's Striker/Goalkeeper Program. Recognizing the possibility of physical injury associated with soccer and in consideration of the MVSC accepting the registrant for its soccer program and activities, I hereby release, discharge and/or otherwise indemnify the MVSC, its affiliate organizations and sponsors, their employees and associated personnel, including the owners of the fields and facilities utilized for the programs, against any claim by or on behalf of the registrant as a result of the registrants participation in the programs. As the parent or legal guardian of the above named player, I hereby give my consent for emergency medical care prescribed by a duly licensed Doctor of Medicine or Dentistry. This care may be given under whatever conditions are necessary to preserve life, limb or well being of my dependent.

Parent Printed Name: _____

Date: _____

Parent Signature: _____

*please mail form in, along with payment (payable to MVSC) to: MVSC
Striker/Goalkeeper Program, P. O. Box 138, Mill Valley, CA 94942*